



CALMING SPACES



Support the Whole Child with a Space to Chill

Now more than ever, schools recognize the importance of social-emotional learning. (SEL)

Calming spaces are places where students can go to be alone, gather their thoughts, and recharge so they are ready to learn. Calming spaces support social-emotional learning because they provide students with a space to manage and regulate their emotions. Studies show that when students do not feel safe or are in a state of emotional upset, they cannot learn. Calming spaces are an effective way to help students return to a relaxed state that is optimal for learning.

Example Above: Sand tray and nook spaces allow students to process internal struggles and conflict, which research shows can increase resilience and self-awareness.

Contact us today to select your calming spaces for your students.



888-937-3005 – info@onpointclassroom.com –

www.onpointclassroom.com

[Let's chill together to design your space!](#)

